

top priorities TODAY'S MOTTO connect plan actual 6am 6am 7am 7am learn 8am 8am 9am 9am 10am 10am 11am 11am self care 12pm 12pm 1pm 1pm 2pm 2pm 3pm 3pm 4pm 4pm gratitude 5pm 5pm 6pm 6pm 7pm 7pm 8pm 8pm 9pm 9pm 10pm 10pm 11pm 11pm